



EXECUTIVE SUMMARY

EKAM

TAMIL NADU, JULY 2018

This month we focused our core activities in 32 districts of Tamil Nadu. Our district coordinators emphasized on Identified Referrals, Awareness Training, Kitchen Garden, Gram Sabha participation, Medical Camps, Caritas – Udhyam ECO DRR Project, Farmer Training and Livelihood Project among other activities.

HIGHLIGHTS

IDENTIFIED REFERRALS

92

AWARENESS TRAINING – MCH

54

KITCHEN GARDEN & HERBAL GARDEN

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MEDICAL REFERRALS CAMP

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VOLUNTEER IDENTIFICATIONS

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VILLAGE HEALTH SURVEY

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FARMERS TRAINING

02

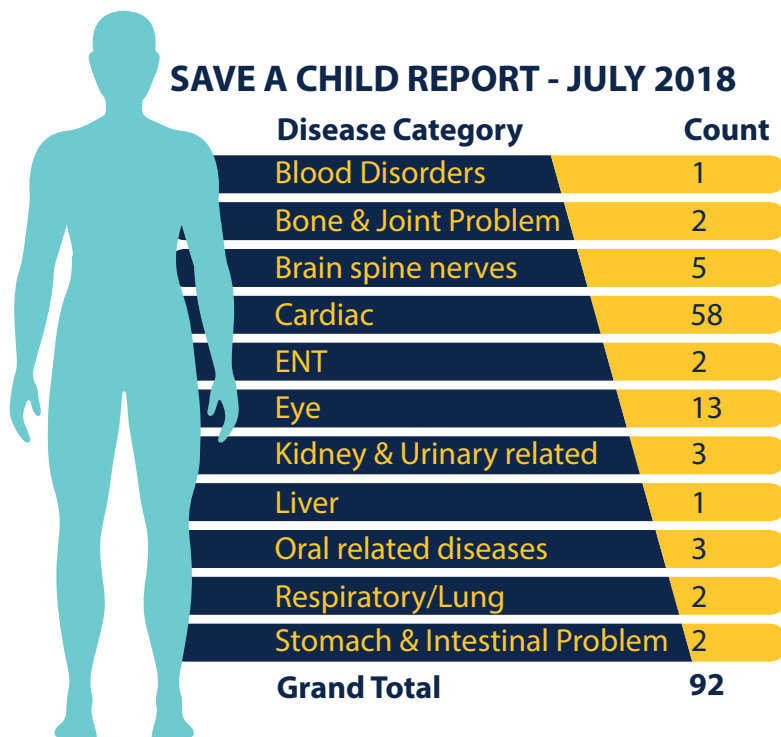
SUCCESS STORIES

03

IDENTIFIED REFERRALS



SAVE A CHILD REPORT - JULY 2018



TYPE OF SUPPORT	COUNT
Ekam	9
Ekam (Regular support)	9
Govt. Hospital	2
Govt. Insurance	79
Other Organisation	2
Grand Total	101

AWARENESS TRAININGS:

In July, we conducted the Maternal **Child Health Training Program** for ANC Mothers, ICDS Teachers, College Students, School Children, Nehru Yuva Kendra and general public. The topics during the training were: Govt Schemes – 108, 104; CM Insurance Schemes; Food & Nutrition and Kitchen Garden. Around 2020 people attended 54 such Training programs across 21 districts in Tamilnadu and got benefited.



ICDS teachers – Thiruppathur, Vellore



School Children, Annai Chellammal, Kannaiyakumari
ANC Mothers, Koilpapakudi PHC, Madurai



ICDS teachers – Thiruppathur, Vellore



General Public- SVK School, Salem

KITCHEN GARDEN IN ICDS CENTRE & SCHOOLS:

You can never completely trust the fruits and vegetables that you purchase from the market. Can you? Fruits and vegetables which are bought from the shops contain various chemicals which are not good for our health and lead to many diseases. It is advisable to avoid such vegetables and fruits and instead opt for organically grown ones. You can consider going organic by growing them at home. By keeping this in my mind in July 18 we set up Kitchen Garden in 43 places in 18 districts across Tamil Nadu. These were started in ICDS Centres, Schools with the support of ICDS Teachers, School Children & around 137 volunteers.



Kalimangalam Govt High School, Madurai



Manjakollai Govt Middle School, Ramnad



T.Mettupatti ICDS Centre, Tirunelveli



Thappukundu Govt School, Theni

REFERRALS FOLLOW UP MEDICAL CAMPS:

A Referral follow up medical camp was organised for cardiac children in Krishnagiri DEIC, Government Hospital. 27 children from Kaveripattinam were screened in total. Out of these, 12 children were identified for surgery. Screening was done by Dr. Arul Narayan, Paediatric Cardiologists –Global Hospital, Chennai. The Chief Guests for the camp were Kaveripattinam PHC & BSK Doctors. This camp was facilitated by EKAM Foundation.

Another Referral follow up medical camp for cardiac children was conducted in Dharmapuri DEIC, Government Hospital. In this camp, 184 children were screened out of which 23 children were identified for surgery. Screening was done by Dr. Arul Aryan, Pediatric Cardiologists –Global Hospital, Chennai & the Chief Guests were RBSK Doctors. Camp was facilitated by EKAM Foundation.

Yet another Referral follow up medical camp for cardiac children was organised in DEIC, Trichy Medical College & Government Hospital for children coming from southern Districts. 231 children were screened in total, 71 of which were listed for surgery. Screening was done by Dr. Vijyakumar & Dr. Kalayana sundram, Paediatric Cardiologists –GKNM Hospital, Coimbatore. Camp was facilitated by Trichy DEIC & EKA Foundation.

Lastly, a Referral follow up medical camp for Eye problems in children was conducted in DEIC, Perambalur Government Hospital, where 70 children were screened. 5 children required surgery. Screening was done by Agarwal Eye Hospital, Trichy. Camp was facilitated by Perambalur DEIC & EKAM Foundation.



VOLUNTEERS IDENTIFICATIONS:

During the Panchayat visit, Our District Coordinators has found the village volunteers in their own villages to engage health activities in villages and also to empower their knowledge about health and others.

VILLAGE HEALTH SURVEY:

During the Panchayat visit, our districts Coordinators have also collected the data to understand the concern panchayat basic requirements in district wise. In July month we found the gaps in village wise.

FARMER TRAINING:

We conducted the training program to farmers in Tamilnadu. During the training we have covered topics like natural farming, Muti Corps System, Water harvesting, Kitchen Garden, bore well system and save water. Training is given by Mr.Kannan, Farming Consultant. In this training we have covered around 66 people in 2 places in 2 zones in districts.



Farmers, Ayan Pommaiyapuram, Tuticorin



Farmers, Mappilikuppam, Thiruvaur

DISTRICT COORDINATORS & ZONAL OFFICERS TRAINING:

Every Two months once we planned to conduct the training programme to our DCO's and ZO. In July we conducted the Basic Life support training programme to our DCO's and ZO from 2nd to 6th July at Don Bosco Centre - Ennore, Chennai. This useful training was given by Mr. Karthick & Team from Alert NGO. The below were the topic was covered by Alert:

- Cab method
- The way of Heart pumping Method
- CRP Importance
- Airway Process
- Compressing
- Breathing
- Blood Circulation
- Recovery Position
- Bleeding
- Fracture
- choking



SUCCESS STORIES – JULY 2018

Vinith, a 5 years old boy from Cheyyur, Kancheepuram district, was diagnosed with Midgut Malrotation with volvulus. Initially he was treated at Primary Health Center – Kancheepuram. Unfortunately he had complaints of abdominal pain and non bilious vomiting for 1 day.

Immediately they rushed him to Kanchi Kamakoti Childs Trust Hospital for further treatment. Dr. Lakshmi Sundararajan – Senior Consultant, decided to do Emergency Laparotomy + Ladd's procedure.

The cost of the procedure was estimated to be Rs.70, 804/-, but since the father of the boy was working as an agricultural labourer, his meagre salary was not enough to afford for the treatment cost. Realising their poor financial situation, Ekam decided to contribute a sum of Rs. 50,000/- for his treatment. The very same day he underwent Laparotomy + Ladd's procedure and was discharged from the hospital on 18th July. Now he has recovered and is living a healthy life.



Sangeetha a 9 years old girl from Thiruvannamalai, was diagnosed with Severe Grade IV Subglottic Stenosis. She was treated at Institute of Child Health and later she was referred to Kanchi Kamakoti Childs Trust Hospital for Partial Cricotracheal Resection. The total cost of the procedure came up to Rs.3,00,000/-

Mr. Ramesh, the father of the child, being the only earning member, was not able to afford the child's treatment. Dr. Sarath Balaji – Department of Pulmonology referred the child to Ekam to support for her treatment. Personally also he contributed a sum of Rs. 50,000/- for the procedure. On 4th July, Sangeetha was discharged from the hospital after completion of Partial Cricotracheal Resection.



Gopika (7 years old), Saraswathi (10 years old), Sujitha (9 years old) were residing at Gudalur, Nilgiris. These children were diagnosed with Congenital Cataract for which they were referred to The Eye Foundation.

Dr. Girish Reddy who treated the children planned for Lens aspiration with intraocular lens implantation. The procedure was charged up to Rs. 25,000/- per child. Since the children were residing in tribal area, they did not possess any domicile document, and so could not be covered under Tamil Nadu Chief Minister Comprehensive Health Insurance Scheme. As they were unable to afford for the treatment, Dr. Shan kumar from District Early intervention Centre approached Ekam to support for their treatment. So Ekam took complete responsibility for their procedure and now they have completely recovered.



EKAM FOUNDATION

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Thank you